

Susun Weed ~ 2025

(845-246-8081) PO Box 64 Woodstock NY 12498

Register for classes at www.wisewomanbookshop.com

April 5-6: *Work-exchange Weekend*

April 22: Shamanic Herbal **Apprentices**, Spring Group begins

April 25: *Moonlodge*

April 26: **Woodland Wonders Hands-on:** Meet ramps, coptis, dwarf ginseng, bloodroot, hepatica, and more

April 27: **Spring Tonics Hands-on:** Make nettle soup and a wild salad; find brassicas, alliums, sweet birch

May 10-11: *Work-exchange Weekend*

May 16: *Moonlodge*

May 17: **Adaptogens Hands-on:** Think better, live longer, feel great, adopt adaptogens

May 18: **Your Herbal Garden Hands-on:** Free seeds Free plants. Best herbs to grow, best weeds to "cultivate"

June 7-8: *Work-exchange Weekend*

June 10: Shamanic Herbal **Apprentices**, Early Summer Group begins

June 13: *Moonlodge*

June 14: **Magical Plants Hands-on:** Visionary herbs, dream pillows, flying oils, love potions

June 15: **The Wisdom of the Trees:** White pine, willow, oak, slippery elm, sassafras, maple

July 5-6: *Work-exchange Weekend*

July 10-13: **Green Witch Holiday**

July 11: *Moonlodge*

July 25: *Moonlodge*

July 26: **Great Remedies**

July 27: **Herbs for Sleep and Dreams**

* **August 1-3: Red Earth Women's Gathering;** contact: www.redearthherbalgathering.com

August 9-10: *Work-exchange Weekend*

August 11-17: **Green Goddess Apprentice Week**

August 15: *Moonlodge*

August 26: Shamanic Herbal **Apprentices**, Late Summer Group begins

September 5: *Moonlodge*

September 6: **The Great Remedies Hands-on:** Identify, harvest, prepare and use the best herbal remedies.

September 7: **Herbs for Women:** fertility, menses, menopause and more

September 13-14: *Work-exchange Weekend*

October 10: *Moonlodge*

October 11: **Roots Hands-on:** Can you dig it? Dandelion, chicory, elecampane, poke, yellow dock and more

October 12 : **Winterize Yourself Hands-on:** Ward off coughs, colds, flu with simple remedies

October 18-19: *Work-exchange Weekend*

* **November 4-5-6-7:** Voices of the Grandmothers of the Americas: Prophecy of the Eagle and the Condor in the Land of the Quetzal, Tepoztlán, Mexico contact: www.abuelasdelasamericas.com

Green Blessings!